

✧ FOURTH REPORT ✧

OF

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The Lunacy Commission

TO HIS EXCELLENCY,

THE GOVERNOR OF MARYLAND,

DECEMBER 1, 1889.



BALTIMORE:

THE SUN BOOK AND JOB PRINTING OFFICE.

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THE LUNACY COMMISSION.

STATE OF MARYLAND.

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WILLIAM LEE, M. D., Secretary of the Commission.

Office of the Lunacy Commission, S. E. Cor. Eutaw and Hoffman Streets,
Baltimore, Maryland.

FOURTH ANNUAL REPORT.

To his Excellency, E. E. JACKSON,

Governor of the State of Maryland.

SIR—When the Lunacy Commission was organized three years ago, circular letters were sent to all the Institutions for the Insane of this State, including Almshouses, giving detailed information of the objects of said Commission; also a copy of the Lunacy Act with a notice that there would be an enforcement of its requirements.

In conformity with Section 24 of this Act, the Lunacy Commission now presents to your Honor the Fourth Annual Report for the year ending December 1, 1889, containing an account of its proceedings; also reporting the condition of all the different institutions, public, corporate and private, including almshouses where the insane or idiotic are kept.

The Commission, besides holding quarterly meetings for the transaction of its regular business, such

as hearing reports of the Secretary—reports from institutions, answering correspondence from State's Attorney and others, has met in special session five times during the year to consider application from six persons confined in Hospitals for the Insane who believed themselves wrongfully detained therein; also for the purpose of investigating sworn charges made against the management of the Maryland Hospital for the Insane, a summary of which will be found in this report.

The Commission takes pleasure in stating that during the past year a very great interest has been shown in the well-being of the insane of this State, the general health and care of these unfortunate creatures being, as a rule, all that could be expected, taking into consideration the overcrowded condition of some of the wards in several of the institutions. Further, that with several exceptions, all the dependent classes coming under the provision of this Act on application have been received and provided for at one or the other of the various institutions. The exception being at Bay View, where, owing to the overcrowded condition of its male department, the Commission ordered that no more insane cases be received until the city authorities had so enlarged its departments for the insane at that institution, as to enable them to have further accommodations.

During the year the Commission has caused to be removed six cases of acute insanity from almshouse to more suitable places; but regret that in several instances the County Commissioners have not given prompt co-operation, failing to appreciate the necessity of immediate and proper treatment in such cases.

It has ever been the endeavor of the Commission to impress upon the County Commissioners and Boards of Trustees of the various counties, that, as the county almshouses, as a rule, have no means of successfully treating the different forms of acute mania, such cases coming to these institutions should be at once removed to a hospital exclusively for the insane, thus affording the poor, so afflicted, even chances with the rich for restoration to reason.

At the same time it has been equally insisted upon that the old feeble-minded, harmless persons, and the imbecile and demented who require no special treatment, should be provided for in the almshouses with the other paupers.

SUGGESTIONS AND RECOMMENDATIONS.

We respectfully suggest that your Honor recommend the Legislature to so change the laws governing the Maryland Hospital for the Insane

that apply to the reception of pay-patients, as to make it purely a State Institution. In so doing more room will be gained for the entirely dependent class, who, without some relief of this kind, must in the near future be refused admission on account of the now increasing numbers who apply for admission to this institution. While making this suggestion your Commission desires to put themselves on record as being in no way opposed to the State offering home hospital facilities to those able to pay; but, in admitting this, it should not be forgotten that the poor are the State's first consideration, and should have precedence, at least, until greater hospital facilities are provided.

We also recommend that steps be taken to better provide for the criminal insane, and that a separate asylum for the colored insane of this State be provided, for the semi-annual visits of the Commission and those of its Secretary, reveal a sure increase of insanity among this part of our population. We also urge that a law be enacted giving power to the County Commissioners of the respective counties, and to the city authorities of Baltimore, to transfer all non-resident pauper-insane coming to this State to the county or city of the State from which they came.

POSTAL PRIVILEGES.

The Lunacy Commission has recommended to the superintendents of hospitals and asylums for

the insane to have posted in the various wards of said buildings notices calling the inmates' attention to their postal rights.

NIGHT WATCH.

The necessity of having competent night watch has on each visit of inspection been brought to the attention of all managers of places where the insane are kept; and this because experience has shown that most accidents, including suicides, occur either at night or during the early morning hours.

RECONSTRUCTION AND REPAIRS.

During the past year much has been done to improve the institutions for the insane, including old buildings at the almshouses, and remodeling in some instances the new. The work, however, has not progressed as rapidly as could be desired, because on the one hand of too great economy being practiced by the county commissioners; and on the other, because of want of proper appreciation of the needs of this class of unfortunates who are forced to seek homes in the almshouses.

Full particulars of all structural improvements will be found further on in our report of visits of inspection.

MECHANICAL RESTRAINT.

This form of restraint has been almost entirely done away with at the institutions for insane, except with violent cases where there is danger of the patient either doing himself or others injury if given unbridled liberty. Even at the almshouse, where two years ago a large number of the insane were restrained by manacles and chains, now the Secretary has only two cases to report under such treatment, that being necessary to prevent their escape.

PROPAGATION OF THE INSANE.

That there is need of greater care being exercised, particularly of a legal character, in order to prevent the propagation of insanity, one has only to search the records of hospitals for the insane and our daily papers, to find many names of persons who not only show a hereditary predisposition, but in many instances two, three or four of one family registered as insane. This statement is not, however (as we show in our former reports), confined to evidence deducted from hospital statistics, but at the county almshouse where this evil arises in many instances from the want of proper provision being made to separate the sexes.

We are glad to learn from our Secretary and his reports that much more care is now being taken at many of the almshouses to obviate this evil, and in a short time, there is reason to believe, the county commissioners will correct it entirely.

AMUSEMENTS.

We cannot too fully express the great importance of having amusements at the various institutions for the insane, and this practice has largely entered into the treatment of the insane at the present day. We see amusements in every form : games, dances, exhibitions, lectures, etc., at all the large hospitals for the insane. These afford temporary pleasure and diversion of mind, besides begetting a feeling that those having care of them are friends ready to help and cheer and not mere keepers.

Under this head we think it not amiss to say that if educated and kindly disposed attendants could always be selected, the insane would be materially aided in the enjoyment of these different recreations.

The Following Special Cases Were Acted Upon During the Year.

JANUARY 3, 1889.—A letter was received from Mr. ———, inmate of the Maryland Hospital for the Insane, asking to be discharged, as he believed

himself unjustly retained. The chairman appointed Drs. Morris and Latimer to investigate his case, who, at a subsequent meeting, reported him still insane, and that it would be injudicious to grant his request.

APRIL 3, 1889.—Communication was received from Miss ———, of Maryland Hospital for the Insane, asking permission to return home to her family, and the Secretary was ordered to interview both the lady and superintendent to find out if the commission would be justified in permitting her removal. The investigation proved that she was not sufficiently cured to leave the institution, and that her family were unwilling to assume the responsibility of her case, and therefore she was detained in this institution.

MAY 25, 1889.—A written request was received from Mr. ———, a patient at Matly Hill Sanitarium, asking to be discharged. Upon examination of his mental condition, and the statement made by the attendant physician, the Secretary reported that whereas he was doing well and kindly treated, it would be unwise to ask for his discharge.

JULY 2, 1889.—State's Attorney Charles G. Kerr wrote to the Lunacy Commission, referring to them applications made by W. A. Ramsay, M. D.,

physician to Bay View (Department for Insane), asking permission to discharge from said asylum one white female and two white male inmates committed by the Court, but who were now believed to have recovered. A committee, consisting of Drs. Latimer, Morris and the Secretary, investigated the matter, adjudged the parties sane, and granted their dismissal from Bay View.

On the same date a duly sworn statement was received from Mr. J. M. Floyd (late attendant at Maryland Hospital for the Insane), charging certain irregularities in the management of that institution, and, as required by Section 23 of the Lunacy Act, witnesses were summoned, sworn and carefully examined as to the merits of said charges.

From facts elicited at said examination, as also reports submitted by the Board of Managers of Maryland Hospital for the Insane, who likewise had investigated the sworn charges of Mr. J. M. Floyd, your Commission found in the main the charges were not sustained, and that those which were had been very much exaggerated, and therefore unanimously passed the following preamble and resolution :

The Commission in Lunacy, having carefully investigated the charges made against the management of Maryland Hospital for the Insane by

J. M. Floyd, have found that in the graver particulars the charges are not sustained, and that the managers of this institution, after a careful examination of the same charges, have come to a similar conclusion, and taken such steps as seem best adapted to correct those evils complained of, which were, on investigation, sustained.

Resolved, That the report of the trustees or managers of Maryland Hospital for the Insane, contained in their letter to this Commission of June 12, is accepted as a proper action on the part of said managers in reference to the charges made by J. M. Floyd in sworn statement, charging irregularities in the management of this institution, and that the discharge of A. M. Postley meets with our cordial approval.

Besides the foregoing, the Commission have had eight cases of acute insanity removed from county almshouses to Maryland Hospital for the Insane; also six imbecile and feeble-minded children transferred from Bay View Asylum to the Training Schools for the Feeble-Minded of the State of Maryland.

On August the 7th, at the request of Mayor Latrobe of Baltimore City, the Commission examined into the case of Mrs. ———, a lady of Washington City, who, it was claimed by her

friends, was detained illegally as a lunatic at Mount Hope. Doctor Morris, of the Commission, paid several visits to Mount Hope, saw the lady and opened a correspondence with her friends in Washington. He made a report to the Commission giving the details of the investigation. In this report all the circumstances were embodied. It was found that Mrs. ——— had not been properly committed, and her release was therefore suggested to the authorities at Mount Hope, who cheerfully acquiesced in the judgment of the Commission. The lady remained a voluntary patient at the suggestion of her friends for several months afterwards.

Resolution Passed by the Board of Managers of the Maryland Hospital for the Insane, June 5, 1889.

Resolved, That it is the unanimous opinion of this Board, after a thorough investigation of the matters charged in the affidavit of James M. Floyd and his statements as published in the *Baltimore Herald* of June 4, that the charges therein made are greatly exaggerated. We are satisfied that the whole thing was the result of an unpardonable abuse of confidence, and, after all, only such things occurred as might happen under the most careful management human skill and judgment could adopt. The Board has, however, taken such steps as they believe will tend to reduce the possibilities of any similar occurrences in the future.

MARYLAND HOSPITAL FOR THE INSANE.

(Near Catonsville, Baltimore County.)

This institution has been carefully inspected during the year, and found in so far as its halls, sleeping and dining rooms are concerned, clean and orderly ; but not so as to the bath rooms and water closets. These were found much out of repair, and sadly in need of better ventilation. No doubt by this time, however, these defects are almost remedied, for at our last visit some of the bath rooms and water closets had been put in satisfactory condition, and in others the work was in course of completion. Number of insane at this institution, males 240, females 194, total 434. Most of these are well clad and in the main comfortable, some enjoying the beautiful grounds which surround the hospital, others usefully employed. Of those seen in the building, five males and four females were in seclusion, but none under restraint.

Work and amusement, carpentering, gardening, employment in the upholstery and cabinet department (some of the latter work showing great skill) occupy the patients. Besides, by aid of the superintendent's good taste, the inmates help to beautify the walls of the hall with handsome frescoed work. They have also weekly entertainments, lectures, stereopticon views, dancing, etc.

The women are employed in the domestic services in the kitchen and in the laundry. Sewing and fancy work, as also concerts and readings, are other diversions. All these not only produce good cheer, but show such beneficial effects upon the insane as can be readily realized by visitors passing through the institution. We again report the overcrowding at this institution, particularly in the male department; so much so that, in addition to extra beds being required in each ward, ten patients are obliged to sleep on the floors of halls and four in the only parlor on this side of the building.

The other structural improvement made during the year, is the building of an addition to the hospital, details of which were given in last year's report. This is now almost completed and will be occupied very shortly. It is eighty feet by forty feet, and three stories high; and will contain kitchen, dining hall, assembly room and sleeping apartments.

By the aid of the latter the number now in the hospital will be made more comfortable, but still the usefulness of some of the female wards will be much impaired if our recommendation for a colored institution is not favorably considered by the Legislature.

The general dining hall, a feature of this new addition, cannot be too highly commended, as, besides the economy as to waste of food, and its being served warmer, the insane will be under better surveillance, and, as observed in other institutions, there is a marked improvement in their self-control and habits from being required to go out of the wards three times a day to their meals.

BOARD OF MANAGERS—*President*, J. Pembroke Thom, M. D.; *Secretary and Treasurer*, Hon. Barnes Compton; Oden Bowie, Francis White, John H. Fowler, Wilmot Johnson, Gilmor Meredith, Chas. G. W. MacGill.

OFFICERS OF THE HOSPITAL—*Medical Superintendent*, Richard Gundry, M. D.; *Assistant Physician*, B. D. Evans; *Steward*, S. T. Brown; *Matron*, Mrs. M. M. Gundry; *Clerk*, J. S. Graham.

MOUNT HOPE RETREAT.

(Five miles from Baltimore. W. M. R. R.)

The last visit paid to this institution was on October 5th, on which occasion, as is our custom, each hall and room attached thereto was carefully inspected; also the bath room and water closets, all of which were clean and orderly. The cheerful surroundings, together with the contented disposi-

tion of the insane inmates, bore testimony to the kind and systematic treatment of those in charge. Total number of insane, males (white) 295; female (white) 258, colored male 2, colored female 4; total 559. Of these one male and two females were secluded and one female was restrained.

Employment and amusements.—The various forms of diversion of mind are important features in the treatment at this institution. For the patients there is a fine library, of which the inmates make good use; then, there are the various in and outdoor games, besides driving and walking. At times they have theatrical performances in which the patients take part.

For the females there is light work in which they volunteer to assist, knitting, sewing, fancy work, instrumental and vocal music.

Structural improvements.—Added to those improvements mentioned in our last report is the erection, now in progress, of more dining room facilities, thus enabling all the patients to dine together, and the attendants to serve the meals warmer. Besides, this new plan compels patients to leave their rooms oftener, and the exercise of moving to and fro, in a general way, is beneficial.

Managers—Sisters of Mercy.

Sister Superior—Sister Catherine.

Medical Attendant—Chas. G. Hill, M. D.

Assistant Medical Attendant—W. E. Wyse.

Consulting Physician—W. H. Stokes.

THE FORT HILL TRAINING SCHOOL.

This building was shown to us by Dr. Fort and his wife, and was found clean throughout and in perfect repair. The children, who were all out recreating, were happy in appearance and well cared for. The doctor has supplied the institution with excellent female nurses and attendants, and the general good management should commend itself to the confidence of all.

Number of inmates, 15; 8 girls, 7 boys.

MATLEY HILL SANITARIUM.

Located eight miles from Baltimore, near the Relay Station, Baltimore and Ohio Railroad. Two visits were paid to this institution during 1889, and on both occasions it was carefully inspected. The interior of the building was clean and comfortable, and order prevailed. Attendance excellent.

Patients, numbering 24, were seen out recreating or enjoying indoor amusements, except one violent case restrained and two secluded. Of the number of insane, 13 were male and 11 female.

Superintendent—J. S. Conrad, M. D.

ASYLUM AND TRAINING SCHOOL FOR
FEEBLE MINDED, OF THE STATE
OF MARYLAND.

(Located one mile from Owings' Mills Station,
W. M. R. R.)

This hitherto undescribed institution is beautifully situated on a farm of one hundred and eighty-seven acres of good land, with all the natural advantages required to make it not only one of the healthiest locations in the State, but also to thoroughly adapt it for the purpose its Board of Visitors contemplated when making the purchase. The original building of two stories and an attic, which has lately been enlarged by the addition of two stories, is partly brick, partly frame. On the first floor is the parlor, executive office, dining and recreating rooms and kitchen. The second floor and attic are for sleeping rooms, and are divided into two departments, one for the males and the

other for females. There are two baths and water closets in the building, and all the rooms are now well furnished.

The capacity of this institution is for thirty children, and on our last visit, October 10, there were eight boys and five girls; all of whom were usefully employed, excepting one, who was restrained. Most of them were seen in the kindergarten. One boy was making a hammock, another at spool work, and two girls were knitting caps. Twice a day they are taken out to walk, and otherwise given the freedom of the grounds. These patients are all on the free list and came from the City of Baltimore and the following counties: Carroll one, Alleghany one, Cecil one, Harford one, Talbot one, Kent one, Baltimore City one girl and six boys.

Matron—Miss Mattie Gundry.

Teacher—Miss Carrie Chadwick.

Cook and House Girl—

Utility Man—

Attendants—Miss Annie Price, Miss Amina Dowville.

BAY VIEW ASYLUM.

(Baltimore Co., Almshouse, Department for the Insane.)

This institution was found in admirable condition, rooms cleanly, water closets well ventilated

and free from odor. Eight attendants are now provided for the women and six for the men, and they all seemed prompt and energetic in the discharge of their duties with few exceptions. Both the men and women were sufficiently clothed and well fed.

Of the 301 patients, one female was under restraint and seven secluded; eleven males secluded and three restrained. There being quite a number of escapes reported from this institution, the Commission, on the occasion of its visit on June 10, examined into the cause, and finding the manner of escape was by scaling the board fence around the recreating grounds, suggested that the inside of the fence be sheathed, and the Board of Trustees acted on the suggestion at once with good results.

Overcrowding.—This institution is conducted in so able a manner as to recommend it to the citizens of Baltimore, who should be willing, through the City Council, to offer an appropriation to enlarge its facilities, for it is now so overcrowded as to be forced to refuse further admissions.

Number of insane—white males 117, white females 127—244; colored males 16, colored females 41—57. Total, 301.

Employment and Amusement.—The inmates are given weekly entertainments of various kinds, games, concerts, lectures, and light employment.

They also have the use of many periodicals and other reading matter, and appreciate the same very much.

BOARD OF MANAGERS—Joseph Freidenwald, *President*; John Black, *Secretary*; Simon I. Kemp, George Blake, John J. Hoffman, Jacob Pappler, Adolph Martini.

OFFICERS—Daniel Constantine, *Superintendent*; Jno. M. McElroy, *Purveyor*; John R. Hammett, *Clerk and Storekeeper*; Susanna McCann, *Matron*; William Kaiser, *Engineer*; James J. Farrall, *Assistant Engineer*; John F. Barranger, *Gardener*; Thos. Connor, *Messenger*; Charles Jones, *Baker*.

Wm. E. Ramsey, M. D., *Resident Physician*.

Wm. E. Wright, M. D., *Assistant Physician*.

James A. Tierney, *Apothecary*.

MARYLAND PENITENTIARY.

The penitentiary was visited with Dr. Flannery, the attending physician. The department of the prison which is used for insane criminals is a circular structure adjoining the central building, and consists of a series of dark, poorly ventilated cells. The appointments were good and clean.

The inmates number 12, most of whom do light work. Of this number seven were white males, two of whom were restrained; four colored males and one colored female.

Whilst it must be conceded that prisons are not proper places for insane criminals, as there is no other provision made for them in the State, and as they are to be kept entirely separate from sane inmates, there is no serious objection to their present abode.

FREDERICK COUNTY MONTEVUE HOSPITAL

(One mile from Frederick City.)

The two official visits were paid to this institution. As stated in last report, there are no separate books kept at this institution for insane cases, as required by law. The rooms were out of order; many of the iron bedsteads were broken, the bedclothes dirty, and the plastering was broken away from the walls in the colored department. Both the colored male and female sane and insane live together. The inmates looked poorly clad, and on one of the visits of inspection they were dining, and the food looked badly served, neither knife nor fork being supplied. There were eight insane cases secluded and two under mechanical restraint. The attendance is poor and insufficient; a white man carried the keys of a room where one colored

woman was secluded, but these the Secretary had turned over to a female attendant, (due to a misunderstanding). Sixty colored persons are crowded into the basement of this institution.

Improvements.—Water closets, which were much needed, have been supplied and put in according to sanitary requirements. Number of insane, white males 40, white females 43, colored males 10, colored females 14; total 107.

BALTIMORE COUNTY ALMSHOUSE.

(Situated near Texas, Northern Central Railroad.)

The two annual visits were paid to this institution, at the last of which most of the patients were dining and appeared both well fed and well clad. In the main building the bedrooms were dirty, in disorder, and furnished with old iron bedsteads, many of which were broken, and the plastering was broken from the walls in many places.

The colored department was dirty also, and without necessary conveniences. The only one found in attendance on the last visit was a young man, son of the superintendent, the latter and his wife being away on business. This statement is made to show the insufficiency of attendance.

Number of insane—white males 8, white females 7, colored males 3, colored females 4; total 22.

Superintendent--A. H. Cole.

Physician--B. F. Bussy, M. D.

County Commissioners--Thomas Todd, D. L. A.
Monmonier, John Smith.

HARFORD COUNTY ALMSHOUSE.

(Two miles from Bel-Air.)

This well-kept almshouse was, as usual, found clean and in good repair; its inmates were either recreating or at some work, except a white chronic maniac, dying from phthisis. All were fairly clad, except some of the colored men, who needed better wearing apparel. This county was the first to undertake the care of its feeble-minded and chronic cases, and with that end in view, after making suitable alterations at the almshouse, they withdrew such cases from Spring Grove, which so far has proved a source of economy, so they have no cause to regret the move.

Number of insane, 28--12 white males, 4 white females, 7 colored males, 5 colored females. One death reported.

Superintendent--Wm. Chenoworth.

Assistant Superintendent--B. Hitchcock.

Physician--J. C. Butler, M. D.

Matron--Mrs. Wm. Chenoworth.

Trustees--Wm. T. Hope, Dr. Dalas Scoborough,
Joseph E. Bateman, George B. Silver.

WASHINGTON COUNTY ALMSHOUSE.

(Bellevue Asylum, near Hagerstown.)

This institution is beautifully situated on an elevation near the Blue Ridge Mountains. On each occasion of our inspection a marked improvement was noticed in point of cleanliness throughout the building.

The inmates, numbering 36, were well fed, but appeared poorly clad. The attendants were more intelligent and treated the patients more kindly than on former visits. The physician, Dr. McPherson Scott, seemed much interested in his work, and appeared to have won the regard of all. White males 11, white females 17; colored males 3, colored females 5; total 36; died 2, discharged 2, escaped 1, in seclusion 5.

Remarks—There is great need of recreating grounds at this asylum, for, as it is now arranged, the inmates rarely get out of the building, which fact operates greatly against their well-being.

Attending Physician—J. McPherson Scott.

Superintendent—A. C. Doyle.

County Commissioners—J. W. Catle, *President*; S. M. Bloom, D. L. Leshner, D. A. Rohrer.

Trustees—J. W. Stonebraker, S. M. Ream, Louis Shindle.

CARROLL COUNTY ALMSHOUSE.

(One mile from Westminster.)

In the two official visits paid to this almshouse it was found that the central dwelling was clean and in fair repair, but the outer buildings dirty and dilapidated. But one new case of insanity had been admitted—a feeble minded white girl. The old cases were recreating in adjoining grounds. Both bath rooms and water closets are much needed. Number of insane, white males 8, white females 4, colored males 4, colored females 2; total 18.

County Commissioners—Geo Miller, W. Weaver.

Superintendent—Emanuel Shaeffer.

Physician—Dr. Leonard Sapp.

MONTGOMERY COUNTY ALMSHOUSE.

(Three miles from Rockville.)

When visited, the building, although in need of repair, was clean, the attendance fair. Besides the four insane cases reported last year two more had been received in this almshouse, and all were engaged in some light work. Number of insane, white males 3, white females 1, colored females 2; total 6.

Physician—Dr. Ed. Anderson.

Superintendent—John T. Belt, Esq.

Trustees—J. Alex. Gloyder, *President*; John Bennet, August Jones, Henry Pumphrey, William Thompson, Dr. J. C. Maddox.

ANNE ARUNDEL COUNTY.

Seven miles from Annapolis. No improvements of any kind have been made on the inside of this almshouse; it was found very much out of repair, especially the structure used for the colored paupers.

The colored inmates were poorly clad and both sexes lived together in one room. Three new insane cases have been admitted during the past year; the old cases all doing well. One case of insanity was also seen at the county jail, which has since been sent to an insane asylum. Number of insane, 10; white males 4, white females none, colored males 2, colored females 4.

Physician—Dr. B. R. Davidson.

Superintendent—R. L. Larrimore.

Trustees—Joseph Fowler, Philip Israel, M. M. Smith, George Hatch and J. A. Saffield.

CALVERT COUNTY.

There is no almshouse in this county, the poor are pensioned out and the insane sent to institutions in other counties.

CHARLES COUNTY ALMSHOUSE.

Two and a-half miles from Port Tobacco. As this county does not permit any of its insane poor to be detained in the almshouse, and the other inmates do not come within the province of the Lunacy Commission, we have nothing to report under this head.

PRINCE GEORGE'S COUNTY.

Eight miles from Upper Marlboro. At this almshouse a new building has been erected for the colored poor, which they already occupy. This improvement was made at the suggestion of our Commission, and is another evidence of the good it is effecting. The main building is in fair repair and tidy. There were no new cases, and the four inspected last year were well cared for.

White males 1, colored males 1, colored females 2; total 4.

Superintendent--Thomas Bird.

Physician--Dr. Charles Latimer.

County Commissioners--Thomas Berry, Dr. John L. Warner, Richard J. Swan, William Philips.

Trustees of the Poor--Elij. Berry, Rich'd Brown, Benj. Randall, Charles Walker, Dr. C. C. Lewis.

ST. MARY'S COUNTY ALMSHOUSE.

(Four and a half miles from Leonardtown.)

This Almshouse was in fair repair; the interior clean and comfortable. The basement, formerly occupied by colored insane cases, abandoned at our request. No improvements have been made. Sarah Blackstone, who had been sent to Montevue Hospital for treatment, had returned, so improved as to be a useful assistant about the house. One death reported, number of insane 6, white females 2, colored males 1, colored females 3.

Change of Administration:

Superintendent—James H. Alvey.

Physician—Dr. John T. Spalding.

County Commissioners—James A. Tennison, *President*; James T. King, *Treasurer*; James B. Davis, John E. Runtzell, Enoch B. Abell.

CECIL COUNTY ALMSHOUSE.

(Two and a half miles from Elkton.)

The usual number of official visits were paid to this institution. The apartments were comfortably furnished, but not well kept; one room, occupied by a violent case, was especially dirty. The attendance is insufficient, having no trained nurses and no night watchman.

Number of insane 20; all seemed well fed and cared for in a proper manner; white males 10, white females 6, colored males 3, colored females 1.

Remarks. The County Commissioners have been seen within the past year and informed of the needs of this institution; also, of the necessity of applying for a license, as they now have in the asylum patients from whom they receive pay.

Physician in attendance, John W. Cooper, M. D.
Superintendent—Slater Carhart.

Trustees—J. T. England, T. H. Warburton, Alfred Kirk, J. E. Wells, E. W. Jennings.

CECIL COUNTY JAIL.

(Elkton.)

This jail was last inspected on September 24th, 1889. Its cells were clean and comfortably provided with beds and bedding, and its management satisfactory. Six of the inmates came under the lunacy act, 4 white and 2 colored males; three of these had been committed for attempted rape, two for theft, and one as a tramp, taken up wandering in the country, and from whom no history could be obtained. Through the efforts of the Commission, three of this number have been removed to the county asylum, and the others, of

very vicious and immoral habits, are retained in the county jail, because they do well there and can be better secluded; besides, it has been found, after due trial, that where such cases were allowed to associate with inmates of asylums for the insane, not only was there great risk run morally, but independent of that, the usefulness of the institution was much impaired.

KENT COUNTY ALMSHOUSE.

(Located near Chestertown.)

Two official visits were paid to this almshouse, which deserves most favorable comment, as it is certainly well conducted, and it may be safely said that this is largely due to the fact that, at the suggestion of the Lunacy Commission, the management of the county farm attached to the almshouse has been taken out of the hands of the superintendent, thus enabling him to devote his entire time to the institution and its inmates. The latter were well provided for, and recreating on the grounds, with the exception of two cases requiring to be secluded.

Improvements.—No improvements have been made; but the trustees have been notified of the needed repairs in the building occupied by the

colored poor ; and also of the necessity of constructing recreating yards. Number of insane, white males 3, white females 5, colored males 2, colored females 1 ; total 11.

Physician—Dr. I. A. Perkins.

Superintendent—W. C. B. Knight.

Matron—Mrs. Knight.

President of Commissioners—William Morris.

President of Trustees—William Ford, John F. Earnest, Samuel Cooper, John Dickenson, Edward Hepburn.

GARRETT COUNTY ALMSHOUSE.

There is no almshouse in this county.

QUEEN ANNE'S COUNTY.

(Seven miles from Centreville.)

The two required visits were paid to this almshouse in 1889. The inmates were comfortable and the interior of the building cleanly. There were 7 insane patients: 5 colored women and 2 white men.

Improvements.—Interior walls of the department for colored inmates have been plastered and white-washed, and the room used for the Trustees handsomely renovated.

Superintendent—Josiah Goodwin.

County Commissioner—Richard T. Earle, Pres't.

Secretary—W. J. Gibson.

W. J. McHenry, Joseph Thomas, James Brown,
Wm. Bayley, Rich'd Carmichael, Thos. N. Carroll.

TALBOT COUNTY ALMSHOUSE.

(Situated near Trappe, between Oxford and Easton.)

Two official visits have been paid during the past year. The interior of the building is orderly and clean, and although both the Superintendent and Matron seemed faithful in the discharge of their duties, still, as there is too great an effort to economize, the attendance is poor, and the old iron bedsteads in the colored departments are those condemned before. The inmates, usefully employed at light outdoor work, excepting two epileptics, were well clothed and cleanly.

Improvements.—No structural improvements.

Number of insane—white males 1, white females 4, colored males 2, colored females 3; total 10.

Superintendent—William Wright.

Physician—Dr. G. J. Nickerson.

Matron—Mrs. Georgianna Ayers.

Trustees of the Poor—Sam'l Stewart, President;
W. A. Pratt, Edward Lomax, Joseph W. White,
Edward T. Ore, Wm. Benson, Thos. W. Stevens.

CAROLINE COUNTY ALMSHOUSE.

(Four miles from Denton.)

On each of the two visits paid to this institution the interior of the main building, although much out of repair, was clean. Much improvement was noticed in the outbuildings as to cleanliness, and these were in moderately fair repair. The inmates were well provided with food and clothing.

Improvements.—A court yard for recreation had been constructed at the suggestion of the Commission, and was affording pleasure to the inmates. Number of insane, white males 1, white females 2, colored males 2, colored females 1; total 6.

Remarks.—The main building is out of repair and no steps seem to have been taken towards improving it. The county authorities will again be notified about the matter.

DORCHESTER COUNTY ALMSHOUSE.

Fourteen miles from Cambridge. On inspection the building, although old and needing much repairing, was found to be clean and free from unpleasant odors. The inmates seemed contented, and as well provided for as is possible with the

means at command of the kind and attentive superintendent Mr. Thomas Lard, who does all in his power to make them comfortable. Number of insane: white males 3, white females 5, colored males 3, colored females 1; total 12.

The attention of the county commissioners has been called repeatedly to the very dilapidated condition of the building, and although they have agreed to make the necessary repairs, so far they have taken no steps towards improving it.

Attending Physician—Robert J. Price.

Superintendent—Thomas Lard, Esq.

Trustees—Thomas Wingate, William T. Craft, John W. Mace, Edw. Rumley, Thomas J. LeCompte.

County Commissioners—Ashbury Insley, *President*; Jeremiah Creighton, James Payne, Samuel Lawson.

HOWARD COUNTY.

This county has no almshouse; its insane are provided for at the Maryland Hospital for the Insane.

SOMERSET COUNTY ALMSHOUSE.

(One and a half miles from Princess Anne.)

This old building was found still out of repair, unfit for occupancy, and should be condemned. The county commissioners pension out most of their

poor, and but one case in the institution came under the Lunacy Law. As most of the farm attached to the almshouse has been lately sold, it is to be hoped that the county commissioners will appreciate the necessity of a new building, and so appropriate the purchase money.

There are seventeen insane cases at Spring Grove from this county.

Physician—R. W. Dashiell.

Superintendent—Millard F. Bounds.

County Commissioners—E. D. Reid, W. G. Colburn, Sid. R. Riggin, H. P. Dashiell.

Trustees of the Poor—W. W. Walker, W. E. Tare, G. P. Porter.

WICOMICO COUNTY ALMSHOUSE.

(Eleven miles from Salisbury.)

This almshouse should be condemned, the property sold, and a new building erected in a more suitable place than the present location, and the importance of this step has been placed before the county commissioners.

Although dilapidated, the interior was clean, but had few occupants, as most of this county's poor are pensioned out. Of the six inmates, four feeble-minded cases come under our inspection; one insane patient died during the year.

Dr. W. H. H. Dashiell was the attending physician.

WORCESTER COUNTY ALMSHOUSE.

Three miles from Snow Hill. The two official visits were paid to this almshouse, and while the main building, although needing whitening, was in fair repair, the old shed used for the colored poor was in a shameful state of dilapidation. An old colored woman had been fearfully bitten by rats which infest this building. In order to prevent other accidents of this kind, the superintendent and farm hands had stopped work about the farm to pull down part of the sides. The Commissioners have been appealed to often, but so far have viewed the matter with indifference. The five cases of insanity seen were well cared for. The violent case reported last year has been removed to the Maryland Hospital for the Insane.

Improvements.—No structural improvements.

Physician—Dr. Paul Jones.

Superintendent—Charles Jones.

County Commissioners—Chas. H. Coburn, Chas. Bishop, John B. Dall, E. A. Martimar, M. W. Pitchard.

Trustees—Thomas Bratton, Stephen Quillen, Sidney Townsend.

ALLEGHANY COUNTY SYLVAN RETREAT.

One mile from Cumberland. The appointments of the building were satisfactory and the inmates

tidy. The management of this institution is thorough, and its attendants seem unusually kind and attentive. The inmates were comfortably clad, appeared contented and well fed. It was suggested to employ the female patients in the laundry, or at other light work about the house. Of the forty insane cases inspected, (white males 24, white females 16,) two were in seclusion, but none under restraint. This institution has not yet been a year in operation.

Board of County Commissioners—S. J. Edwards, *President*; B. Stone, J. Williams, John S. Hannesy, Howard M. Fuller.

Officers—Levi W. Wickard, *Superintendent*; F. Henry Charles, *Medical Attendant*; Mrs. Levi W. Wickard, *Matron*.

Respectfully submitted,

ALEX. H. BAYLY,

President.

APPENDIX A.

Especial attention is called to the within Act, because we feel assured that much good can be done through the carrying out of such laws, not only to young physicians in the study of nervous diseases, but for the reason that a greater opportunity will be afforded to obtain a competent corps of medical assistants.

AN ACT to add an additional section to Article forty-four of the Code of Public General Laws, entitled "Hospital, Maryland."

SECTION 1. Be it enacted by the General Assembly of Maryland, that an additional section be added to Article forty-four of the Code of Public Laws, entitled "Hospital, Maryland," to be known as section A, and to read as follows :

SECTION A. The Board of Managers of the Maryland Hospital shall appoint two or more students, who shall be residents in the Maryland Hospital, for the purpose of studying the subject of insanity. Said students shall be provided with quarters as officers or employes; that said students shall be

graduates of some legally authorized medical college, and shall be appointed for one year, and shall pay the sum of two hundred dollars per annum each for their board and washing. Said students so appointed shall be required to do such medical duties as the Board of Managers and Superintendent may require of them, or they may be summarily dismissed by the Board of Managers, for neglect of duty or other cause, which in their judgment may be sufficient to justify such dismissal.

Approved April 7, 1886.

APPENDIX B.

STATISTICS OF THE INSANE.

TABLE No. 1.

*General Statistics of the Insane Population for the Year ending December 1st, 1889,
as per reports from and visits to the various Institutions for Insane,
including Almshouses.*

	White Males.	White Females.	Total.	Colored Males.	Colored Females.	Total.	Grand Total.
Number discharged during year as cured.....	101	53	154	4	4	158
Number discharged during year as improved.....	34	30	64	1	1	65
Number discharged during year as unimproved.....	22	13	35	1	1	36
Number of deaths during the year.....	66	53	119	3	5	8	127
Number discharged as not in- sane.....	4	4	4
Number that escaped.....	13	13	13
Number returned of those who escaped.....	8	8	8
Number of Patients on Oct. 15, date of last inspection.....	658	730	1388	195	159	354	1742
Number admitted from Oct. 15 to Dec. 1, 1889.....	60	58	118	45	34	79	197
Totals.....	718	788	1506	240	193	433	1939

TABLE No. 2.

Showing the Present Residence of all Cases at the various Hospitals for the Insane and Almshouses, during the Year ending December 1st, 1889.

	Males.	Females.	Totals.
Maryland.....	639	610	1249
Pennsylvania.....	58	58	116
New York.....	52	55	107
Virginia.....	31	45	76
West Virginia.....	13	38	51
District of Columbia.....	19	20	39
Massachusetts.....	15	36	51
New Hampshire.....	12	10	22
Vermont.....	14	10	24
Delaware.....	18	16	34
North Carolina.....	17	15	32
South Carolina.....	16	17	33
Georgia.....	9	7	16
Ohio.....	6	8	14
Nebraska.....	6	7	13
Illinois.....	9	6	15
Connecticut.....	8	6	14
Rhode Island.....	9	8	17
Florida.....	8	9	17
Total.....	958	981	1939

TABLE No. 3.

Showing the Nativity of all Patients at the various Hospitals for the Insane, including Almshouses, during Year ending December 1st, 1889.

	Males.	Females.	Totals.
United States.....	633	648	1281
South America.....	3	4	7
England.....	50	62	112
Ireland.....	99	90	189
Germany.....	112	126	238
Sweden.....	3	2	5
Russia.....	26	19	45
Bohemia.....	6	7	13
Scotland.....	13	12	25
Holland.....	2	1	3
Austria.....	4	2	6
Italy.....	6	4	10
Canada.....	1	4	5
Total.....	958	981	1939

TABLE No. 4.

Showing Ages of all Patients at the various Hospitals for the Insane, including Almshouses, during the Year ending December 1st, 1889.

	<i>Males.</i>	<i>Females.</i>	<i>Totals.</i>
Under 10 years of age.....	2	2	4
Between 10 and 20.....	18	14	32
“ 20 and 30.....	195	220	415
“ 30 and 40.....	225	275	500
“ 40 and 50.....	200	225	425
“ 50 and 60.....	205	120	325
“ 60 and 70.....	60	70	130
“ 70 and 80.....	50	55	105
Over 80 years.....	3	..	3
Total.....	958	981	1939

TABLE No. 5.

Showing the Civil Condition of all Cases in the various Hospitals for the Insane, including Almshouses, during the Year ending December 1st, 1889.

	<i>Males.</i>	<i>Females.</i>	<i>Totals.</i>
Married.....	310	370	680
Single.....	490	465	955
Widow.....	..	127	127
Widower.....	130	..	130
Divorced... ..	28	19	47
Total.....	958	981	1939

TABLE No. 6.

*Showing the Occupation of all Patients at the Hospitals for the Insane, including
Almshouses, during the year ending December 1st, 1889.*

<i>Males.</i>		<i>Females.</i>	
Laborers.....	44	Wives of Laborers.....	68
Farmers.....	40	“ Farmers.....	53
Merchants.....	37	“ Merchants.....	46
Clergymen.....	22	“ Clergymen.....	45
Clerks.....	24	“ Clerks.....	59
Students.....	31	Students.....	28
Carpenters.....	32	Wives of Carpenters.....	30
Physicians.....	28	“ Physicians.....	28
Lawyers.....	24	“ Lawyers.....	32
Soldiers.....	20	Domestics.....	70
Sailors.....	18	Seamstresses.....	50
Plumbers.....	15	Wives of Plumbers.....	43
Policemen.....	12	“ Policemen.....	45
Tobacconists.....	18	Authoresses.....	37
Tailors.....	25	Actresses.....	28
Book-keepers.....	18	Book-keepers.....	22
Insurance Agents.....	20	Teachers.....	40
Brickmakers.....	19		
Conductors on Railroad.....	17	Wives of Machinists.....	44
Machinists.....	21	“ Saloon Keepers....	47
Saloon Keepers.....	20	“ Painters.....	48
Painters.....	23		
Peddlers.....	16	Wives of Shoemakers.....	42
Shoemakers.....	26		
Speculators.....	35		
Gamblers.....	18		
Teachers.....	25		
Blacksmiths.....	30	Wives of Blacksmiths.....	40
Plasterers.....	31		
Waiters.....	12		
Salesmen.....	24		
Printers.....	20		
Tinners.....	25		
Firemen.....	20		
Cabinet Makers.....	24		
Moulders.....	21		
Constables.....	6		
Without occupation.....	97	Without occupation.....	36
Total.....	958	Total.....	981
			958
Grand Total.....			1939

TABLE No. 7.

Showing the Duration of Insanity at the time of admission of all patients at the various Hospitals and Almshouses.

	<i>Males.</i>	<i>Females.</i>	<i>Totals.</i>
Less than one month.....	100	155	255
From 1 to 2 months.....	122	135	257
“ 2 to 5 “	116	100	216
“ 6 to 12 “	120	96	216
“ 1 year to 2 years.....	80	103	183
“ 2 years to 5 “	110	66	176
“ 5 “ 10 “	125	131	256
“ 10 “ 20 “	72	94	166
“ 20 “ 30 “	38	41	79
“ 30 “ 40 “	35	28	63
“ 40 “ 50 “	30	20	50
Over 50 years.....	10	12	22
Total.....	958	981	1939

TABLE No. 8.

Showing the Forms of Insanity of those patients in the various Hospitals for the Insane, including Almshouses, during the year ending December 1st, 1889.

	<i>Males.</i>	<i>Females.</i>	<i>Totals.</i>
Mania, Acute.....	150	144	294
“ Chronic.....	137	180	317
“ with Epilepsy.....	67	60	127
“ Puerperal.....	..	25	25
Melancholia, Acute	174	173	347
“ Chronic.....	68	80	148
“ Recurrent.....	34	50	84
Dementia, Primary.....	90	88	178
“ Secondary.....	40	12	52
“ Senile.....	25	18	43
Paresis.....	38	24	62
Idiocy.....	45	67	112
Imbecility.....	90	60	150
Total.....	958	981	1939

1st 1889-